Summary for CAD

- Coronary Artery Disease is one of the most prevalent and preventable diseases in the US...also the deadliest
- Detection with CAC or CTA can help lead to earlier treatment and better outcomes
- ASA/statin, BP/DM control, smoking cessation, weight loss, exercise, and dietary choices are crucial ways to prevent progression
- Antianginals can really help (BB/CCB, nitrates, Ranolazine)
- Revascularization with either PCI or CABG is usually a team approach with patient/family



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Questions

- I have a patient with 8 stents, all done separately over the span of 15 years...how is this possible?
- My CABG clinic patient asks me how long these things last? What should I say?
- Does my patient with chronic asymptomatic CAD need Clopidogrel for life?
- What should I do to help my patients prevent the next stent/bypass?



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