## CONFERENCE LOCATION

This symposium will be held at Chenal Country Club, 10 Chenal Club Blvd, Little Rock, Arkansas. Please contact Amy Wyles at (501) 269-0306 for more information.



## OVERNIGHT ACCOMMODATIONS

Hotels in close proximity include: Crowne Plaza-Little Rock 201 S. Shackleford Little Rock, AR 72211 Telephone: 501-223-3000

Embassy Suites Little Rock 11301 Financial Centre Parkway Little Rock, AR 72211 Phone: 501-312-9000

Courtyard Marriott Little Rock West 10900 Financial Centre Parkway Little Rock, AR 72211 Phone: 501-227-6000

Hilton Garden Inn West Little Rock 10914 Kanis Road Little Rock, AR 72211 501-227-480

BAPTIST HEALTH HEART INSTITUTE CARDIOVASCULAR SYMPOSIUM FOR THE PRIMARY CARE PROVIDER

FEBRUARY 24, 2023

#### REGISTRATION FORM

Please type or print clearly. A name badge and statement of attendance are generated from this form.

Affiliation:		
Address:		
City:		
Preferred Contact Number:		Fax:
E-mail:		
Specialty:		
Degree:		
Credit Requested: ☐ AMA/PRA ☐ AAFP ☐ A	ANCC Nursing Con	tact Hours
Syllabus:   Printed Version Upon Request   PDF - L	_ink will be provided	d at the conference (our preferred method)
Please indicate any special needs:		
Please indicate any dietary needs:		

Mailed to: Arkansas Cardiology, Attn: Amy Wyles, 9501 Baptist Health Dr. Suite 600, Little Rock, AR 72205.

OR register online by visiting bit.ly/BHHeartCardiovascularSymposium

9TH ANNUAL BAPTIST HEALTH HEART INSTITUTE CARDIOVASCULAR SYMPOSIUM FOR THE PRIMARY CARE PROVIDER **FEBRUARY 24, 2023** CHENAL COUNTRY CLUB ARKANSAS CARDIOLOGY **Baptist Health HEART INSTITUTE** A Department of Baptist Health

#### PURPOSE

The purpose of the Baptist Health Heart Institute Cardiovascular Symposium for the Primary Care Provider is to improve the healthcare of the cardiac and peripheral vascular patients that are managed within Baptist Health and throughout the state of Arkansas. The need for this symposium is made apparent by the high mortality and morbidity rates in our state secondary to cardiovascular disease.

### TARGET AUDIENCE

This continuing intraprofessional education program is designed to meet the educational needs of primary care physicians, physician assistants and advanced practice nurses in the areas of cardiac and peripheral vascular disease.

#### FEE

There is <u>no fee</u> to attend, registration is required as space is limited. Deadline to register is February 21, 2023.

# AMERICANS WITH DISABILITIES ACT

Baptist Health Medical Center-Little Rock fully complies with the legal requirements of the American Disabilities Act and the rules and regulations thereof. If any participant of the Baptist Health Heart Institute Cardiovascular Symposium for the Primary Care Provider offered by BHMC-LR is in need of accommodation, contact Amy Wyles at (501) 269-0306, or email awyles@arcard.org by February 21, 2023, in order to receive the service.

## DISCLOSURE POLICY

It is the policy of Baptist Health Medical Center-Little Rock to ensure balance, independence, objectivity and scientific rigor in all of its sponsored educational activities. Any relevant financial relationships with commercial interests will be disclosed to the audience.

## COMMERCIAL SUPPORT

This symposium is not supported by an educational grant.

#### **ACCREDITATION**



In support of improving patient care, this activity has been planned and implemented by the University of Arkansas for Medical Sciences and Baptist Health Heart Institute. University of Arkansas for Medical Sciences is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

#### DESIGNATION

#### **AMA Credit Designation Statement**

The University of Arkansas for Medical Sciences designates this live activity for a maximum of 6.25 AMA PRA Category 1 Credits<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### **ANCC Credit Designation Statement**

The University of Arkansas for Medical Sciences designates this live activity for a maximum of 6.25 ANCC contact hours. Nursing contact hours will be awarded for successful completion of program components based upon documented attendance and completion of evaluation materials.

#### AAPA Credit Designation Statement

The University of Arkansas for Medical Sciences has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 6.25 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

# **AGENDA**

7:00 a.m.	Registration, Continental Breakfast and Exhibits	11:45 a.m.	Lunch and Exhibits
7:50 a.m.	Welcome and Opening Remarks Invocation	12:30 p.m.	Counter Point with Dr. David Jones and Dr. Jay Geoghagan
8:00 a.m.	ECG Review		
8:30 a.m.	Cardiac Murmurs	12:45 p.m.	Non-Surgical Structural Options
6.50 a.iii. Carulat	Cardiac Mulliurs	1:15 p.m.	Emerging roles for Cardiac CT/MR
9:00 a.m.	Pitfalls of Blood Pressure Management	4.45	Not All Edous is LIE
9:30 a.m.	Morning Break and Exhibits	1:45 a.m.	Not All Edema is HF
		2:15 p.m.	Afternoon Break and Exhibits
9:45 a.m.	Prevention Strategies for Heart Disease	2:30 p.m.	Sports Cardiology
10:15 a.m.	Cardiac Pharmacology: Novel Agents and Emerging Trends	3:00 p.m.	Common Therapies that Increase CV Risk
	Novel Agents and Emerging Trends		tilat iliciease CV Risk
10:45 a.m.	Non-Statin Lipid Management	3:30 p.m.	Adjourn
11:15 a.m.	HF Update: 2022 Heart Failure Classifications		

## **EXHIBITS**

Exhibits are open during registration, breaks, and lunch. Please stop by and express your appreciation to the exhibitors.

# LEARNING OBJECTIVES/ OUTCOMES

At the conclusion of the 9th Annual Baptist Health Heart Institute Cardiovascular Symposium, participants should be able to:

- Review basic, normal, and abnormal ECG findings.
- Determine appropriate treatment options for specific arrhythmias.
- Differentiate between systolic and diastolic cardiac murmurs.
- Identify anatomic locations of basic cardiac murmurs.
- Recognize maneuvers used to exacerbate cardiac murmurs.
- Review ACC/AHA guidelines related to treatment of poorly controlled hypertension.
- Review primary options for hypertension management.
- Explain how managing health behaviors and risk factors is an important aspect of lowering the risk of cardiovascular disease.
- Discuss exercise strategies for patients with known cardiac disease.
- Discuss recent advancements and industry updates in pharmacology.
- Discuss what's new in cardiovascular Pharmacology.
- · Compare statin characteristics and drug interactions to determine the best cholesterol-lowering therapy.
- Discuss the benefits and risks associated with the use of statins.
- Review current Heart Failure classifications.
- Assess the implications of new treatments for heart failure.
- Review the current technological advances in the interventional management of structural heart diseases, including minimally invasive heart valves interventions on aortic, mitral and tricuspid disease.
- Discuss improvements to safety, quality and patient satisfaction surrounding Non-Surgical structural procedures.
- Review role of Cardiac CT in the evaluation of heart disease.
- Discuss the basic applications of cardiac MRI in clinical patients and recognize the role of cardiac MRI in Patients with suspected heart disease.
- · Review major causes of Edema.
- Discuss how venous disorders can impact quality of life.
- Discuss sports recommendations in post COVID patients.
- Know the rationale and suggested use of the AHA/ACC Eligibility and Disqualification Recommendations for Competitive Athletes.
- Discuss how certain Non-Cardiac medications can exacerbate side effect profile of Cardiac Medication.
- Discuss how cardiovascular testing can impact cardiovascular risk.